



**No Shots
No Drill
No Fill**
*Think
about it!*

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What's New in Prevention?

The 22nd century treatment of very early cavities with, yep you guessed it, OZONE. No Shots, No Drill, No Fill, NO KIDDING!

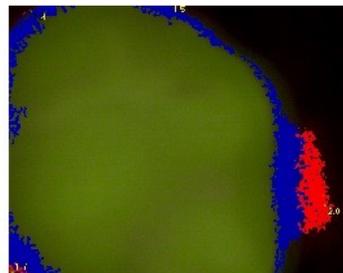
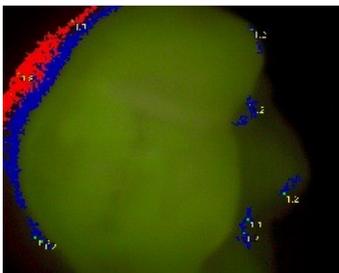
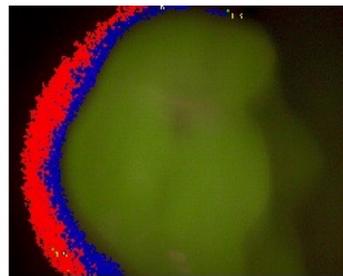
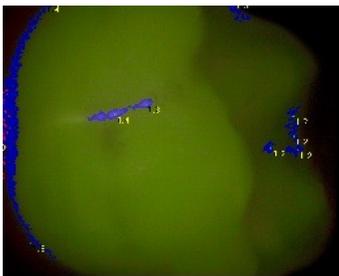
Let's talk high-tech tools: the image above was taken with a Spectra Scan cavity finding soft laser scanner. This technology displays cavities in color radar fashion and different colors mean different things. Basically, you can figure that if the tooth is any other color but green, there's a problem. My choice is to use an intra-oral camera, x-rays, Spectra Scan, and of course, my eyeballs to check the teeth. Then, we must take the total of that information and decide to treat or not to treat tooth by tooth, patient by patient.

In general, the least amount of treatment, the better. An ounce of prevention is worth a pound of cure.

That being said, if treatment is needed, the amount of tooth structure we treat matters.

Remember, to us dentists, one millimeter is a real big deal and fractions of a millimeter matter, too.

Before ozone, after ozone, and two views of after the sealant was placed.



NO SHOTS, NO DRILL, NO PAIN. JUST THE GENTLE FLOW OF O₃ AND A SEALANT

Let's play what if:

what if you had

some very small cavities that did not need to be drilled out and filled.

Basically, most dentists will watch those spots and fill them if they get worse or maybe seal

them. Well, what if we could just spray ozone

on a very small cavity and kill it? Then, what if we had a sealant that was proven to remineralize the tooth where the cavity had demineralized it? Could we not then heal the tooth and it would be like the cavity never happened?

Well, it took me a few years to put this all together and yes it can be done, ask any of my grand kids.

This is not a cure all and we do not suggest that every tooth nor every patient have this done. It does, however, have a place in good dental care. Where ozone and a sealant are appropriate, the sealant needs to be monitored. Sealants wear out and can be broken by chewing and cavities are a renewable resource. When the whole schmeer goes as planned, the sealant is checked and replaced if needed, the tooth will not decay in that area and the drill and fill thing is avoided.

Last summer I delivered a lecture on this technique to a room full of dual degree doctors and it was well received. I put this technique together and worked out the protocol and our practice is the only office that does this.

While nearly every advance is made in spite of the nay sayers and those who will not accept anything new for what ever reason they have, this just flat out works. You know, I can remember asking a prominent dental specialist that taught at the school in Augusta what he thought about implants in 1980. His reply was there was no proof they worked and he thought they were a waste of time.

I'm so glad I did not agree with his negative attitude and I then went on to learn from the men that pioneered implants because they were right and he, and the rest of the nay sayers, were so very wrong.

One of my all time favorite sayings is, "Don't tell me it can't be done when I'm busy doing it."

Next, I will be moving into Naturopathic Health Care with the next article. I will be discussing some alternative treatments for difficult diseases, as well as, some simple treatments for the common diseases that we are irritated with.

Well, no one gets to live forever but it is quite possible to add more time, given ones CHI or life force is viable. When ones life force is very low, it is very, very difficult to add more time, let alone more good time. I am a walking, talking example of what can be done with some CHI and dogged determination. IE: I KNOW THIS STUFF WORKS because I'm living it!!!