



The Herpes Virus

Cold Sore – Alzheimer’s Connection

Dr. Madson has two doctorates a DMD in Medical Dentistry and an NMD in Naturopathic Medicine and he is adjunctive faculty The Dental College of Georgia in the General Practice Residency where he teaches and lectures and has done so for a decade. He is also certified in the ND YAG Laser, stem cells, biologic dentistry, and is also Board Certified in Botox and Facial Fillers.

Some published studies suggest a causal role of the herpes simplex virus in the development of Alzheimer’s Disease. Hugo Lovheim, from Umea University (Sweden), and colleagues explored the possible connection via two large epidemiological studies. In one study, based on the Betula project – is a study on aging, memory and dementia that involved 3,432 participants, who were followed for 11.3 years on average. The researchers found that a reactivated herpes infection doubled the risk of developing Alzheimer’s disease. Their separate study, in which samples were taken on average 9.6 years before diagnosis and were donated to the Medical Biobank at Umea University from 360 people with Alzheimer’s disease, were examined and compared with the same number of people who had not developed dementia, revealing an approximately doubled risk of developing Alzheimer’s disease if the person was a carrier of the herpes virus. The study authors write: “Among persons with a follow-up time of 6.6 years or more, [herpes simplex virus] infection was significantly associated with [Alzheimer’s Disease]”.

So What Do We Do Now?



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There are two phases of this infection. One we call the acute phase, where you have an outbreak occurring and the other, the dormant phase, where the virus retreats back up the nerve and hides out.

During the acute phase you feel a tingling in the lip where the virus is going to break out. There are a number of O-T-C treatments you can try and there are some Rx medications that can be used also, but have you heard of the NO TOUCH NDyag laser? This treatment works every time, so far, and begins immediately. Somewhere between 90 and 180 seconds, it stops the viral attack and pain, and speeds the healing process by 50%. I have had only one or two folks that had to return the next day for a second treatment. In some cases, when we treated the virus at the earliest sign of an outbreak, the virus never came back in that area and in other cases, the virus never came back at all. I am not sure by what mechanism the laser does what it does, but the last I checked it was still ok to use something because it works. Remember my mantra, "if it's safe and effective and affordable, I'm all for it. We also recommend some ozone salve post laser until the area has healed completely.

If your having an outbreak, get on the horn and call Megan at 912-764-9187. She will do her level best to get you worked in. Kindly remember, we work with one patient at a time Because we believe your time is important! We do not double book our schedule, nor have long wait times, and the reception area does not have folks hanging from the rafters. **YOUR TIME IS IMPORTANT TOO.**

Do you have repeated outbreaks? Are you unable to find *mainstream* treatments available to cure the virus?

GOOD NEWS!

There are a few Naturopathic treatments that some patients have had a successful cure from using.

1. Herbal therapy has a track record of being clinically successful, but not just any old herbal concoction one can drag up off of the internet. One, of my favorite herbal compounders has a unique compound that works for most folks and the treatment takes about 3 to 4 weeks and your clear.

2. Ozone, lots and lots of ozone.
3. Homeopathic's from Germany.

My thoughts would be to use treatment number one first, if the response is incomplete then use ozone, lots of ozone and boost the immune system too.

This brings us to Herpes Two, which is far more annoying and highly transferable. In chatting with other Naturopaths, my fave herbal compounder has a compound that can cure or put in remission this form of herpes, also. Clinically, ozone is helpful here and in my experience it reduces the number of attacks and may stop skin outbreaks, too. There is some clinical support for complete remission, dare I say cure, and it requires a lot of ozone and it's not predictable, yet. Again, I would go the herbal route first then ozone.

A word about ozone, it's a world wide community and new techniques and protocols are being tried through out the world. At the moment there are several in debate and some of these will be worked out and approved by the international community and you can bet I have my ear to the ground. Well, ozone is still my odds on favorite there are other oxidative therapies that have long track records. Those would be IV vitamin C, Ultraviolet Light, and Oxidative Medicine.

Well most folks come in and want a specific problem treated sometimes you need to fix something else before you can fix the problem. Beyond a shadow of a doubt, getting the toxic garbage out of the body first then getting it properly humming makes it easier to treat the problem you come in with and sometimes just doing that is the treatment. Sadly, were all toxic, it's just a matter of how toxic.

We hope you and yours had wonderful Christmas,

Dale C. Madson, DMD, NMD, IBDM

(The alphabet soup continues)